## Bistability between Equatorial and Axial Dipoles during Magnetic Field Reversals

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Numerical simulations of the geodynamo in the presence of heterogeneous heating are presented. We study the dynamics and the structure of the magnetic field when the equatorial symmetry of the flow is broken. If the symmetry breaking is sufficiently strong, the m=0 axial dipolar field is replaced by a hemispherical magnetic field, dominated by an oscillating m=1 magnetic field. Moreover, for moderate symmetry breaking, a bistability between the axial and the equatorial dipole is observed. In this bistable regime, the axial magnetic field exhibits chaotic switches of its polarity, involving the equatorial dipole during the transition period. This new scenario for magnetic field reversals is discussed within the framework of Earth's dynamo.

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It is now commonly believed that magnetic fields of the planets, including Earth, are generated by dynamo action due to the fluid motion of liquid iron inside their cores [1]. In most of the planets, the magnetic field at the surface is dominated by a dipolar magnetic field. In some cases, similar to Earth, the dipole field is almost aligned with the axis of rotation. But recent observations have shown that for some planets, such as Uranus or Neptune, the dipole axis can be tilted up to 45° due to a significant contribution from the equatorial dipole [2].

In the case of Earth, paleomagnetic measurements also allow us to reconstruct the dynamics of the magnetic field. Earth's dipolar field has reversed its polarity several hundred times during the past 160 millions years, and polarity reversals are known to be strongly irregular and chaotic. Chaotic reversals have also been reported in numerical simulations [3] and in a laboratory experiment. In the von Kármán sodium experiment, the dynamo magnetic field is created by a turbulent von Kármán swirling flow of liquid sodium due to two counter-rotating bladed disks [4]. In this experiment, reversals of the axial dipolar magnetic field have been reported, but only if the two impellers rotate at different frequencies, when the equatorial symmetry of the flow is broken [5]. These experimental observations are in very good agreement with a recent theoretical model, in which reversals arise from the interaction between symmetric and antisymmetric components of the magnetic field, linearly coupled by the action of an antisymmetric velocity field [6,7].

A growing number of studies seem to assess the effect of an equatorially antisymmetric velocity mode on geomagnetic field reversals. First, it has been observed that the ends of superchrons (large periods of time without geomagnetic reversals) are related to major flood basalt eruptions due to large thermal plumes ascending through the mantle [8]. In agreement with this observation, it has been shown in geodynamo numerical simulations that the dipole field reversals and the loss of equatorial symmetry seem to be tightly connected [9], and that taking a heterogeneous heat flux at the core-mantle boundary of Earth strongly influences the frequency of magnetic field reversals [10]. Finally, a study recently suggested that an equatorially asymmetrical distribution of the continents is correlated with a long-term increase of geomagnetic reversal frequency [11].

In this Letter, we report 3D numerical simulations of an electrically conducting, thermally convecting Boussinesq fluid. The fluid is contained in a spherical shell that rotates about the z axis at the rotation rate  $\Omega$ . The boundaries correspond to fixed temperature boundary conditions. On the inner sphere of radius  $r_i$ , the temperature is homogeneously fixed to  $T_i$ , but a heterogeneous temperature pattern  $g_1^0$  is used at the outer boundary (of radius  $r_o$ ). The pattern corresponds to the simplest large-scale mode, breaking the equatorial symmetry of the flow,

$$T_o = T_i - \Delta T (1 - C \cos \theta), \tag{1}$$

where  $T_o$  is the temperature at the outer boundary and C is a free parameter measuring the amplitude of the equatorial symmetry breaking. The dimensionless equation system includes the Navier-Stokes equation coupled to the induction equation and the heat equation. The system operates under the conditions that both magnetic and velocity fields are divergence-free. The dimensionless parameters are the magnetic Prandtl number  $Pm = \nu/\eta$ , the Ekman number  $Ek = \nu/(\Omega D^2)$ , the Prandtl number  $Pr = \nu/\kappa$ , and the Rayleigh number Ra =  $\alpha g_0 \Delta T D/(\nu \Omega)$ , where D = $(r_0 - r_i)$  is the typical length scale.  $\nu$ ,  $\eta$ ,  $\kappa$ ,  $\alpha$ , and  $g_0$ are, respectively, the kinematic viscosity, the magnetic diffusivity, the thermal diffusivity, the thermal expansion coefficient, and the gravity at the outer sphere. Time is expressed in viscous units. The radius ratio is fixed to  $r_i/r_o = 0.3$ . The inner and outer spheres are electrical insulators, and no-slip boundary conditions are used on these boundaries. In all the results reported in this Letter, Ra = 120, Pm = 20, Pr = 1, and Ek = 6.e - 3, using parameter values close to the ones used in similar previous studies [10]. Although these parameters are far from those of natural dynamos, they allow for long time integrations and statistical analysis. The asymmetry parameter C is varied between 0 and 0.25.

The top inset in Fig. 1 shows the solution obtained for C=0.1, when the symmetry breaking is relatively weak. The color indicates the radial magnetic field  $B_r$  at the coremantle boundary. Magnetic field lines are also shown. For this value of C, the magnetic field is strongly dominated by its axisymmetric component and the radial magnetic field measured at the core-mantle boundary shows a strong dipolar component. A weaker nonaxisymmetric component, reminiscent from the m=3 convection pattern, is also visible. This magnetic structure is quite similar to the one obtained in the absence of symmetry breaking. Despite the heterogeneous temperature gradient, the magnetic energy remains largely symmetrical with respect to the equator, although slightly larger in the northern hemisphere.

For larger symmetry breaking, this dipole is replaced by a totally different solution, hereafter referred to as solution E. The bottom inset of Fig. 1 shows the magnetic structure obtained for C=0.2. The magnetic field is now dominated by a nonaxisymmetric m=1 component. At the outer sphere, the field corresponds to an equatorial dipole, rotating around the z axis, that is slightly stronger in the northern hemisphere. In the bulk of the flow, the equatorial asymmetry of the field becomes more important, and this new solution therefore takes the form of a hemispherical magnetic field. (A similar behavior was reported in [12].)

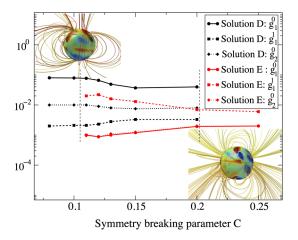


FIG. 1 (color online). Bifurcation of the coefficients  $g_1^0$ ,  $g_1^1$ , and  $g_2^0$  of the magnetic energy as a function of the symmetry breaking parameter C. At small C, the solution corresponds to a strong dipolar magnetic field (top inset). At large C, the solution takes the form of an equatorial dipole at the outer surface (bottom inset). For 0.1 < C < 0.2, there is a bistability between the axial dipole solution D (black [dark gray] curves) and the equatorial dipole solution E (red [light gray] curves). Turbulent fluctuations connect the two solutions.

Although the thermal convection is made more vigorous in the southern hemisphere by the heterogeneous heating, it is interesting to note that the magnetic energy is surprisingly localized in the northern hemisphere.

The generation of an equatorial dipole has been reported in previous numerical studies. An equatorial dipole solution was described for the Rayleigh number very close to the onset of convection [13], and a similar solution was found in Ref. [14] for smaller shell thickness. In our case, the breaking of the equatorial symmetry is directly responsible for the generation of the equatorial dipole. For the range of C we have studied, the total kinetic energy remains relatively symmetrical with respect to the equatorial plane (for C = 0.1, the equatorially antisymmetric flow energy is only 10% of the symmetrical one). However, this weak symmetry breaking is sufficient to strongly modify the axisymmetric velocity, by generating a large counter-rotating zonal flow. This toroidal  $t_2^0$  flow introduces a strong shear in the equatorial plane that tends to favor the equatorial dipole at the expense of the axial one.

An interesting behavior occurs for intermediate values of the symmetry breaking. When 0.1 < C < 0.2, a bistability between the axial dipole D and the nonaxisymmetric solution E is indeed obtained. Fig. 1 illustrates this bistable regime by showing the bifurcation of both modes as a function of C. The axial dipolar solution D is shown in black (dark gray), and the solution E is dominated by m=1magnetic modes in red (light gray). For each of these solutions, we show the coefficients of the axial dipole  $g_1^0$ , the equatorial dipole  $g_1^1$ , and the axial quadrupole  $g_2^0$ , where  $g_1^m$  means the poloidal component of the spherical harmonic of order l and degree m. The dashed vertical lines in Fig. 1 indicate the region for which the system is bistable: both solutions can be obtained depending on the initial conditions of the simulation. Note that for the solution E, dipolar and quadrupolar components possess the same amplitude, in agreement with the hemispherical structure of the magnetic field.

More interestingly, when the magnetic field is in this bistable regime, for 0.1 < C < 0.2, the strong fluctuations generated by the turbulence of the flow allow the system to switch from one solution to the other. These transitions between the axial and the equatorial dipole are shown by the time series of the energy of the system in Fig. 2 (top): the two states, although strongly fluctuating, are clearly distinguishable by different, well-defined mean values for the energies of axial (black [dark gray]) and equatorial (red [light gray]) dipoles, and the system randomly switches from one state to the other. In addition, Fig. 2 (bottom) shows the time evolution of the  $g_1^0$  and the  $g_1^1$  at the coremantle boundary. Since the phase space is symmetrical with respect to the symmetry  $D \rightarrow -D$ , we observe transitions from E to D as well as transitions from E to -D. This bistability between the axial dipole and the equatorial one therefore takes the form of chaotic reversals of the polarity of the axial dipole. During a reversal, the dipolar

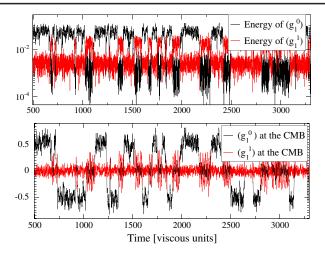


FIG. 2 (color online). Time evolution of the magnetic field for C=0.13. The system chaotically jumps between the bistable solutions E and  $\pm D$ . Top panel: magnetic energy of the equatorial (red [light gray]) and axial (black [dark gray]) dipoles. Bottom panel: magnetic energy at the core-mantle boundary of the same system. The bistability with the equatorial dipole yields chaotic polarity reversals of the axial dipolar magnetic field.

magnetic field does not vanish, but rather tilts at 90° and rotates in the equatorial plane.

In Fig. 2, the dipolar magnetic field spends approximately as much time aligned with the axis of rotation (solution D) as tilted at 90° (solution E). In fact, the total time spent in one state or the other strongly depends on the amplitude of the symmetry breaking. Figure 3 shows the probability density function (PDF) of the dipolar component  $g_1^0$  for different values of C. For  $C \le 0.1$  (black curve), the equatorial dipole E is not excited, and only the dipolar configuration D is accessible: the field does not reverse, and the probability picks around D or D, de-

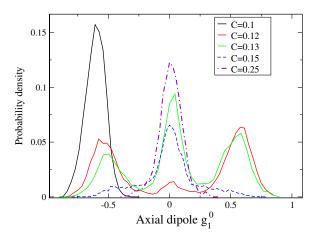


FIG. 3 (color online). Probability density function of the axial dipolar component at the core-mantle boundary, for different values of C. Depending on the value of C, the distribution can be picked around a nonzero value of  $g_1^0$  (small C, solution D) or around zero (large C, solution E). In the bistable regime, the distribution can be bimodal or trimodal.

pending on the initial conditions. When C is slightly increased, the system starts to briefly explore the equatorial dipolar state, in addition to D. The PDF is thus characterized by a nonzero value at  $g_1^0 = 0$ , corresponding to the solution E. By symmetry, this solution is identically connected to D or -D, allowing the axial dipole to reverse the sign of its polarity. For 0.1 < C < 0.2, the probability density function of the axial dipole is then trimodal. Finally, when C is sufficiently large, only the equatorial dipole solution E remains, and the probability of  $g_1^0$  is centered around zero.

During this transition from a nonreversing dipolar magnetic field to an oscillating m = 1 mode, one can also study the direction of the dipole [Fig. 4]. The black curve shows the probability  $P_D$  of finding the system in the axial configuration. (More precisely,  $P_D$  is defined as the probability that  $\sin(\theta_D) < 0.25$ , where  $\theta_D$  is the dipole tilt angle.) The transition is very sharp: the axial dipole probability drops abruptly from one to zero for C > 0.1. On the contrary, the probability of finding the equatorial dipole  $(\sin(\theta_D) > 0.75)$  rapidly increases from zero to one when C is increased. The red (light gray) curve shows the reversal frequency of the dipolar solution D versus the symmetry breaking C. When C is increased, the connection with the attractor E corresponding to the equatorial solution is larger. Consequently, the connections between the two opposite states D and -D are more frequent, and the number of reversals increases.

For  $C \sim 0.1$ , at the very beginning of this transition, the system spends a long time in the solution D. It still explores the equatorial configuration, but only for a very brief

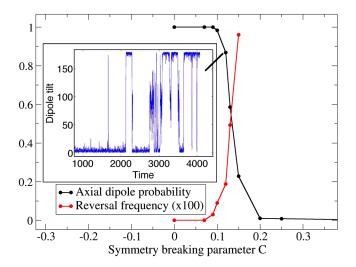


FIG. 4 (color online). Black (dark gray): probability for finding the axial dipolar solution, as a function of C. The transition from an axial to an equatorial dipole field is very sharp. Red (light gray): reversal frequency of the axial dipole. As C increases, the basin of attraction of the equatorial dipole extends, allowing for more and more reversals of the axial dipole. Inset: time evolution of the dipole tilt  $\theta_D$  for C=0.12: the system spends a very weak portion of time in the nonaxisymmetric state, and Earth-like reversals can be obtained.

moment during reversals or excursions. In this case, the distribution tends to be bimodal [red curve in Fig. 3], despite the fact that three stable states are involved in the reversal. For instance, the inset of Fig. 4 shows the time evolution of the dipole tilt for C=0.12 and illustrates how a weak equatorial symmetry breaking can produce "Earthlike" reversals, with a bimodal distribution and a dipole tilt rapidly switching from  $0^{\circ}$  to  $180^{\circ}$ .

It is possible to give a naive picture of this mechanism using the analogy with a heavily damped particle in a tristable potential. (A different but close mechanism is described in [15] by picturing the geodynamo as a bistable oscillator.) Most of the time, the system is trapped inside one of the wells (corresponding to D or -D). Due to turbulent fluctuations, the system eventually escapes one of these stable minima to reach the opposite one. Between these two opposite states, there is a third stable potential well, the equatorial dipole E, which creates a connection between D and -D. As C is increased, an exchange of stability takes place from the potential wells  $\pm D$  toward E, and reversals become more frequent. (For C > 0.2, when only E persists, the axial dipole simply fluctuates around zero.) Simply stated, reversals of the axial dipolar field thus rely on the presence of the equatorial dipole, which is used as a transitional field during each reversal.

Interestingly, this scenario shares strong similarities with the mechanism for reversals observed in classical geodynamo simulations: when a homogeneous heat flux is used, reversals of the dipole field are only observed within a particular transition region of the parameter space, between a regime in which the field is strongly dipolar and a strongly fluctuating regime characterized by a multipolar magnetic structure [16,17]. In this case, reversals also result from a bistability between the dipole and another mode (the multipolar mode), similarly to what we described with the equatorial dipole. As in our case, Earth-like reversals are obtained only if the system is chosen inside the transition region, but only at the very beginning of this transition, close to the boundary with the dipolar regime.

Although based on a different mechanism, the behavior of the magnetic field also has interesting similarities with the model proposed in Ref. [6]: reversals are triggered by the equatorial symmetry breaking, and result from the interaction between the so-called dipole and quadrupole families of the magnetic field. The intriguing generation of a strongly hemispherical solution at very small symmetry breaking is also predicted by this model [18]. In fact, depending on the parameters, this model can lead to a hemispherical solution like the one reported in the present Letter, or yield polarity reversals through a saddle-node bifurcation. However, numerical simulations have shown that this latter mechanism is rather selected at sufficiently small Pm [19], whereas the simulations reported here are carried at Pm = 20. Although small Pm simulations are numerically challenging, it would be interesting to study how the mechanism described in this letter is modified as Pm is decreased toward more realistic values.

To summarize, we have shown that an equatorial dipole solution can be generated in geodynamo simulations when the equatorial symmetry of the flow is broken by a heterogeneous heating at the core-mantle boundary. Moreover, for weak symmetry breaking, a bistable regime between this equatorial dipole and the axial dipole is obtained. Finally, this bistability leads to an interesting scenario for geomagnetic reversals: the symmetry breaking, by stabilizing the equatorial dipole, provides the system with a new solution for connecting the two axial dipole polarities, and sufficiently strong turbulent fluctuations trigger chaotic reversals of the field. During a reversal, the transitional field is strongly hemispherical in the bulk of the flow and corresponds to an equatorial dipole field at the core-mantle boundary, rotating around the z axis. In agreement with paleomagnetic observations, the reversal frequency is directly related to the equatorial asymmetry of the flow.

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